

JOIN THE COVID-19

# Big Quit

Smoking can weaken your immune system and put you at higher risk of severe illness or death from COVID-19.

**You only live once.**

**To make a plan to quit vaping or smoking call 1800 QUIT-NOW**

[www.jumpatthesunllc.com](http://www.jumpatthesunllc.com)

#COVIDBIGQUIT

